

# Induction of labour hospital stay checklist

A list of items that may help you pack your hospital bag as you get close to your due date. You may need some extra help and support following your delivery. It will be best to arrange a support system ahead of time.



## For the hospital visit

<input type="checkbox"/>	Health card
<input type="checkbox"/>	Hospital card
<input type="checkbox"/>	Comfortable clothes
<input type="checkbox"/>	Headbands/hair elastics
<input type="checkbox"/>	Supplemental health/pregnancy information (example: most recent ultrasound reports)



## For the return home

<input type="checkbox"/>	Confirm time of reassessment
<input type="checkbox"/>	Contact number for the hospital or obstetrical floor
<input type="checkbox"/>	Confirm reasons to return to hospital with your care provider

*\*Common reasons to return to hospital: decreased fetal movement, painful contractions every 2-3 minutes or constant pain, heavy vaginal bleeding, leaking of fluid (rupture of membranes),*

*If you are unsure, it is best to call your hospital or care provider.*



## For the hospital stay

<input type="checkbox"/>	Food
<input type="checkbox"/>	Hydration
<input type="checkbox"/>	Chargers for your phone/other devices
<input type="checkbox"/>	Bags for the delivery, in the event you need to remain in hospital.

For more information, visit us at  
<http://tvasurg.ca/pe-iol>